

St. Johns County School District
PE-M/J Team Sports-Grade 7
Curriculum Map-(2014-2015)

ST. JOHNS COUNTY SCHOOL DISTRICT CURRICULUM MAP			
Course #:1508200	Course Name: M/J Team Sports - Grade 7	Semester:	Pacing:
Cognitive: <ul style="list-style-type: none"> PE.7.C.2 Identify, analyze and evaluate movement concepts, mechanical principles, safety considerations and strategies/tactics regarding movement performance in a variety of physical activities. 			
Essential Questions			
Benchmarks		Learning Targets/Skills	Concepts/Content
PE.7.C.2 Identify, analyze and evaluate movement concepts, mechanical principles, safety considerations and strategies/tactics regarding movement performance in a variety of physical activities.		SWBAT.. <ul style="list-style-type: none"> Participate in daily activities Complete assignments and projects Complete Activity Logs Demonstrate Safety procedures Participate in game and tournaments 	<ul style="list-style-type: none"> Understanding Rules of Game Offensive and defensive strategies Skill patterns in different activities Movement skills Teamwork Communication Sportsmanship Cooperative Learning
PE.7.C.2.1 :	Identify the basic rules for team sports. Remarks/Examples Some examples are setting up to start, violating rules and keeping accurate score.		
PE.7.C.2.3 :	Explain basic offensive and defensive strategies in modified games or activities and team sports.		
PE.7.C.2.6 :	Provide feedback on skill patterns of self and partner by detecting and correcting mechanical errors.		
PE.7.C.2.7 :	Identify the critical elements for successful performance of a variety of sport skills.		
PE.7.C.2.8 :	List specific safety procedures and equipment necessary for a variety of sport skills and physical activities.		
PE.7.C.2.9 :	Describe how movement skills learned in one physical activity can be transferred and used in other physical activities. Remarks/Examples An example is slow-pitch softball and volleyball underhand serve.		

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<p>Ongoing Benchmarks; <u>HE.7.C.2 Internal and External Influence - Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.</u></p> <table border="1" data-bbox="170 418 1278 560"> <tr> <td data-bbox="170 418 447 560"> <p><u>HE.7.C.2.6 :</u></p> </td> <td data-bbox="447 418 1278 560"> <p>Evaluate the influence of technology in locating valid health information. Remarks/Examples Specific health sites to acquire valid health information: CDC, NIH, NIDA, and local health organizations; and Internet and cell phone apps.</p> </td> </tr> </table> <p><u>LAFS.68.RST.2 Craft and Structure</u></p> <table border="1" data-bbox="170 602 1278 805"> <tr> <td data-bbox="170 602 447 805"> <p><u>LAFS.68.RST.2.4 :</u> <u>ELD.K12.ELL.SI.1</u></p> </td> <td data-bbox="447 602 1278 805"> <p>Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to grades 6–8 texts and topics. English language learners communicate for social and instructional purposes within the school setting.</p> </td> </tr> </table> <p><u>MAFS.7.SP.3 Investigate chance processes and develop, use, and evaluate probability models.</u></p> <table border="1" data-bbox="170 847 1278 1021"> <tr> <td data-bbox="170 847 447 1021"> <p><u>MAFS.7.SP.3.5 :</u></p> </td> <td data-bbox="447 847 1278 1021"> <p>Understand that the probability of a chance event is a number between 0 and 1 that expresses the likelihood of the event occurring. Larger numbers indicate greater likelihood. A probability near 0 indicates an unlikely event, a probability around 1/2 indicates an event that is neither unlikely nor likely, and a probability near 1 indicates a likely event.</p> </td> </tr> </table>	<p><u>HE.7.C.2.6 :</u></p>	<p>Evaluate the influence of technology in locating valid health information. Remarks/Examples Specific health sites to acquire valid health information: CDC, NIH, NIDA, and local health organizations; and Internet and cell phone apps.</p>	<p><u>LAFS.68.RST.2.4 :</u> <u>ELD.K12.ELL.SI.1</u></p>	<p>Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to grades 6–8 texts and topics. English language learners communicate for social and instructional purposes within the school setting.</p>	<p><u>MAFS.7.SP.3.5 :</u></p>	<p>Understand that the probability of a chance event is a number between 0 and 1 that expresses the likelihood of the event occurring. Larger numbers indicate greater likelihood. A probability near 0 indicates an unlikely event, a probability around 1/2 indicates an event that is neither unlikely nor likely, and a probability near 1 indicates a likely event.</p>		
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<p>Activities</p>	<p>Assessments</p>							
<ul style="list-style-type: none"> • Class/Group Discussions • Sport-Related Activities and Games • Cooperative Games 	<ul style="list-style-type: none"> • Teacher observations • Assignments and Projects • Tests/Quizzes/Exit Slips • Peer observations • Rating Scales 							
<p>Resources</p>								
<p>PEcentral.org, SPARK, Presidential Fitness Challenge ,FitnessGram, Nike Training Club, Ipod/Ipad Apps, Videos, DVDs, Search engines</p>								

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Course #:1508200	Course Name: M/J Team Sports - Grade 7	Semester:	Pacing:
Lifetime Fitness:			
<ul style="list-style-type: none"> PE.7.L.3 Participate regularly in physical activity. 			
Benchmarks		Learning Targets/Skills	Concepts/Content
PE.7.L.3 Participate regularly in physical activity.		SWBAT... <ul style="list-style-type: none"> Participate in daily activities in Physical Education class which promotes health-related fitness and stress management Completion of assignments Completing Activity Logs involving the FITT and SPO principles Participating in Pre and Post testing for the Presidential Fitness Challenge Completing Activity/Food Logs 	<ul style="list-style-type: none"> MVPA Health-Related Fitness Concepts FITT and SPO principles Planning and setting personal fitness goals Adequate vs. Inadequate levels of fitness Stress management THR and THRZ
PE.7.L.3.1 :	Participate in moderate physical activity on a daily basis.		
PE.7.L.3.2 :	Participate in vigorous physical activity on a daily basis.		
PE.7.L.3.3 :	Participate in a variety of team sports, outdoor pursuits and aquatics activities that promote health-related physical fitness. Remarks/Examples The health-related components of fitness are cardiorespiratory endurance, muscular strength, muscular endurance, flexibility and body composition.		
PE.7.L.3.4 :	Identify the in-school opportunities for participation in team sports, outdoor pursuits and aquatics activities.		
PE.7.L.3.5 :	Identify the community opportunities that promote team sports, outdoor pursuits and aquatics activities.		
PE.7.L.3.6 :	Identify a variety of team sports, outdoor pursuits and aquatics activities that promote stress management.		
Activities		Assessments	
<ul style="list-style-type: none"> Class/Group Discussions Cooperative Games Sport-Related Activities and Games 		<ul style="list-style-type: none"> Teacher observations Assignments Projects Tests/Quizzes/Exit Slips Peer observations Rating Scales 	
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Course #:1508200	Course Name: M/J Team Sports - Grade 7	Semester:	Pacing:
Movement Competency: <u>PE.7.M.1 Demonstrate competency in many, and proficiency in a few, movement forms from a variety of categories.</u>			
Benchmarks		Learning Targets/Skills	Concepts/Content
<u>PE.7.M.1 Demonstrate competency in many, and proficiency in a few, movement forms from a variety of categories.</u>		SWBAT... <ul style="list-style-type: none"> • Perform and demonstrate the proper manipulative skills needed to play a sport. • Demonstrate offensive and defensive strategies. • Take their pulse and calculate your heart rate. • Use a heart rate monitor. • Use a pedometer. 	<ul style="list-style-type: none"> •Skills needed to play each sport •Safety procedures •Relationship of offensive vs. defensive strategies •Warming up and cooling down •THR and THRZ Teamwork and communication
<u>PE.7.M.1.1 :</u>	Participate in modified versions of team sports demonstrating mature patterns while using a variety of manipulative skills. Remarks/Examples Some examples of manipulative skills are throwing, catching, kicking, punting, trapping, dribbling, volleying and striking.		
<u>PE.7.M.1.2 :</u>	Use basic offensive and defensive strategies while playing modified versions of a variety of sports and activities. Remarks/Examples An example of a modified version of a sport or activity is a small sided game.		
<u>PE.7.M.1.3 :</u>	Demonstrate appropriate relationships between the body and an opponent in dynamic game situations. Remarks/Examples Some examples are staying between opponent and goal and moving between opponent and the ball.		
<u>PE.7.M.1.6 :</u>	Demonstrate the critical elements in specialized skills related to a variety of team sports or outdoor pursuits activities. Remarks/Examples Some examples are overhand throw for distance/force, forearm passing in volleyball, steering a canoe, batting and the correct stance in archery.		
<u>PE.7.M.1.7 :</u>	Utilize proper equipment and implement appropriate safety procedures for participation in a variety of sports or activities.		
<u>PE.7.M.1.8 :</u>	Apply technology to evaluate, monitor and improve individual skill performance. Remarks/Examples Some examples of technology are Excel spreadsheets or web based programs to chart or log activities, heart rate monitors, videotapes and digital cameras.		

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PE.7.M.1.9 :	Demonstrate principles of biomechanics necessary for safe and successful performance.		
Activities		Assessments	
<ul style="list-style-type: none"> • Class/Group Discussions • Cooperative Games • Sport-Related Activities and Games 		<ul style="list-style-type: none"> • Teacher observations • Assignments • Projects • Tests/Quizzes/Exit Slips • Peer observations • Rating Scales 	
Resources			
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Responsible Behaviors and Values: <ul style="list-style-type: none"> PE.7.R.5 Exhibit responsible personal and social behavior that respects self and others in physical-activity settings. PE.7.R.6 Value physical activity for health, enjoyment, challenge, self-expression, and/or social interaction. 			
Essential Questions			
Benchmarks		Learning Targets/Skills	Concepts/Content
PE.7.R.5 Exhibit responsible personal and social behavior that respects self and others in physical-activity settings.		SWBAT.. (both in and out of the school setting) <ul style="list-style-type: none"> Work cooperatively together Follow the safety rules of the class and activity Demonstrate responsible behavior during play Demonstrate proper use and care of P.E. equipment Demonstrate proper sportsmanship and teamwork 	<ul style="list-style-type: none"> Cultural Diversity Positive and Negative Peer Pressure Bullying Sportsmanship Teamwork Safety Procedures Respect for yourself and others Respect for equipment
PE.7.R.5.1 :	Identify situations in which peer pressure could negatively impact one's own behavior choices.		
PE.7.R.5.2 :	Demonstrate acceptance and respect for persons of diverse backgrounds and abilities in physical-activity settings.		
PE.7.R.5.3 :	Demonstrate responsible behaviors during physical activities. Remarks/Examples Some examples of responsible behaviors are controlling emotions, resolving conflicts, respecting opponents and officials and accepting both victory and defeat.		
PE.7.R.5.4 :	List examples of appropriate personal, social and ethical behaviors that apply to specific physical activities.		
PE.7.R.5.5 :	Demonstrate appropriate etiquette, care of equipment, respect for facilities and safe behaviors while participating in a variety of physical activities.		
PE.7.R.6 Value physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.			
PE.7.R.6.1 :	Identify an opportunity for participation in a physical activity outside of the school setting that contributes to personal enjoyment and the attainment or maintenance of a healthy lifestyle.		
PE.7.R.6.2 :	Discuss the potential benefits of participation in a variety of physical activities. Remarks/Examples Some examples of potential benefits are physical, mental, emotional and social.		
PE.7.R.6.3 :	Participate in games, sports and/or physical activities from other cultures.		

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Activities	Assessments		
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Resources: PEcentral.org, SPARK, Presidential Fitness Challenge ,Fitness Gram, Nike Training Club, ipod/ipad Apps, Videos, DVDs, Search engines			