

**Medical Management Plan**  
**SCHOOL YEAR 2024-2025**

**CYSTIC FIBROSIS**

Student Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

Address: \_\_\_\_\_ Fax #: \_\_\_\_\_

List Known ALLERGIES: \_\_\_\_\_

**Symptoms:**

Persistent coughing, at times with mucus  
Wheezing or shortness of breath  
Recurrent respiratory infections

Fatigue  
Upset stomach

**Medications taken at home:** \_\_\_\_\_

**Medications needed at school:**  Yes  No If yes please list: \_\_\_\_\_

**Enzymes needed at school:**  Yes  No Enzyme brand name: \_\_\_\_\_

**# to be taken with snack:** \_\_\_\_\_ **# to be taken with meals:** \_\_\_\_\_

**For Self Administration of Enzymes:**

It is my professional opinion that \_\_\_\_\_  should  Should **NOT** carry  
and use enzymes by him/herself. Student name

Special equipment needed at school?  Yes  No \_\_\_\_\_

Dietary modifications? (please list) \_\_\_\_\_

Activity restrictions (excuse from physical education requires a physician's note) \_\_\_\_\_

Fluids needed with physical activity?  Yes  No What type is needed? \_\_\_\_\_

Other modifications needed? (i.e. frequent bathroom breaks): \_\_\_\_\_

*Nursing services are recommended for the care of this student during the school day.*

**Physician's Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

ST. JOHNS COUNTY SCHOOL DISTRICT

Continued Cystic Fibrosis Plan for (Student NAME) \_\_\_\_\_

Is your child compliant with their current treatment regime?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
-----	--------------------------	----	--------------------------

Does your child function independently with medication administration?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
-----	--------------------------	----	--------------------------

Are there any activity restrictions for your child?

Yes	<input type="checkbox"/>	No	<input type="checkbox"/>
-----	--------------------------	----	--------------------------

If yes, please list: \_\_\_\_\_

**PARENT to Complete: Authorization for Health Care Provider and School Nurse to Share Information**

I authorize my child's school nurse to assess my child as it relates to his/her special health care needs and to discuss these needs with my child's physician as needed throughout the school year. I understand this is for the purpose of generating a health care plan for my child. I understand I may withdraw this authorization at any time and that this authorization must be renewed annually.

As the parent or guardian of the student named above, I request that the principal or principal's designee assist in the administration of medication/treatment prescribed for my child.

I understand that under provisions of Florida Statue 1006.062, there shall be no liability for civil damages as a result of the administration of medication when the person administrating such medication acts as an ordinarily reasonable, prudent person would have acted under the same or similar circumstances. I also grant permission for school personnel to contact the physician listed above if there are any questions or concerns about the medication. I have read the guidelines and agree to abide by them. I authorize the physician to release information about this condition to school personnel.

Parent/Guardian Signature	Print Name	Date
Parent/Guardian _____	Cell: _____	
	Work: _____	
Parent/Guardian _____	Cell: _____	
	Work: _____	