

BOUNDARIES

Dean O'Shell

Dean Ashcroft

Mrs. White: 6th grade

Ms. Hamill: 7th grade

Mr. Siefert: 8th Grade

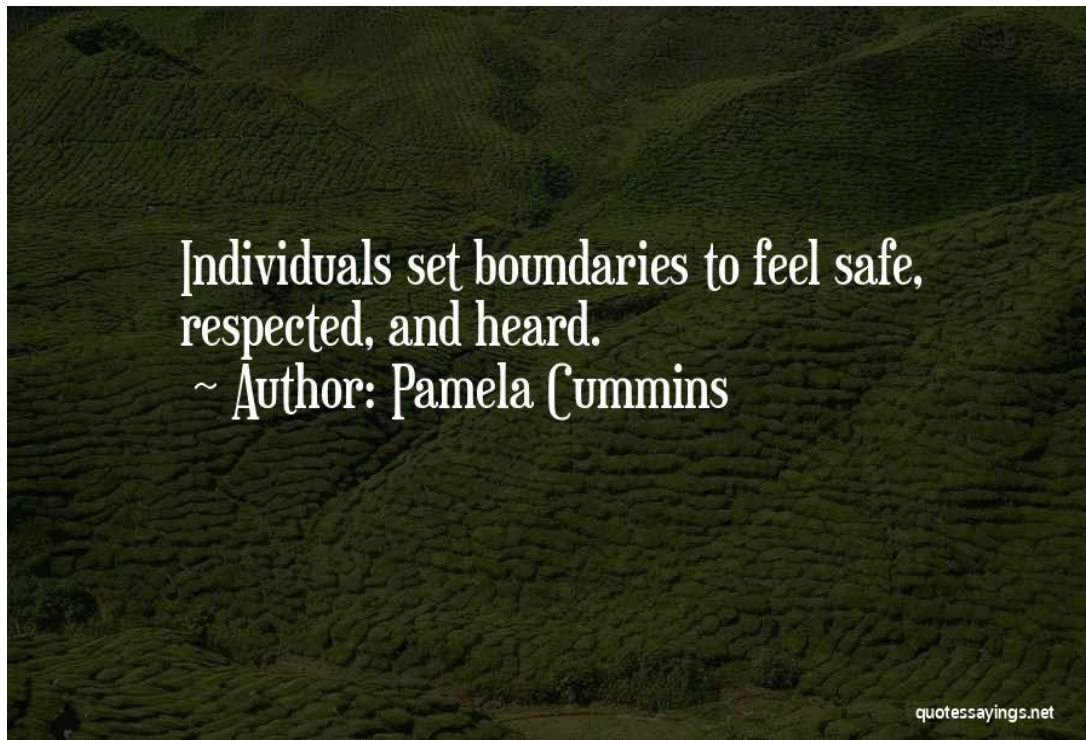
Mrs. Winter- Assistant Principal

Why are we
here???

Stop asking why they
keep doing it and start
asking why you keep
allowing it.

What's the big deal!?

What are boundaries?

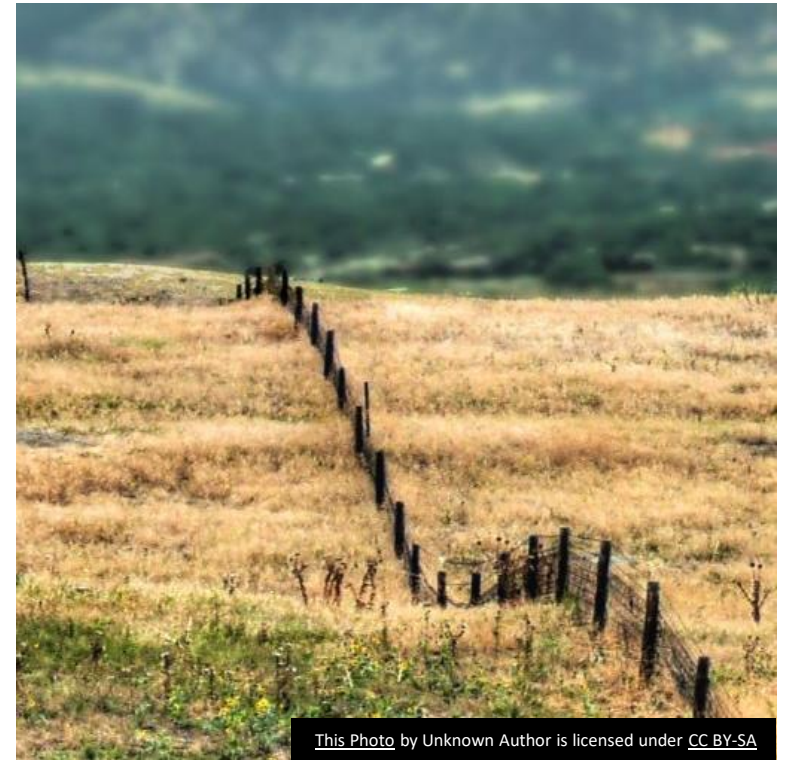


Why do we need them?



Boundaries

- Physical
- Emotional
- Digital



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**Physical
Boundaries: Our
job is to keep
you safe. Your
job is to help
keep it safe**

A natural occurring barrier between two or more areas/people

Horseplay: Pushing, shoving, shoeing, backpack grabbing

Personal Space: Inappropriate touching, space invasion

Running: Class change, Lunch, Dismissal

BITPLAYAS



WE'RE JUST
PLAYING AROUND

What happens when we don't respect personal space?



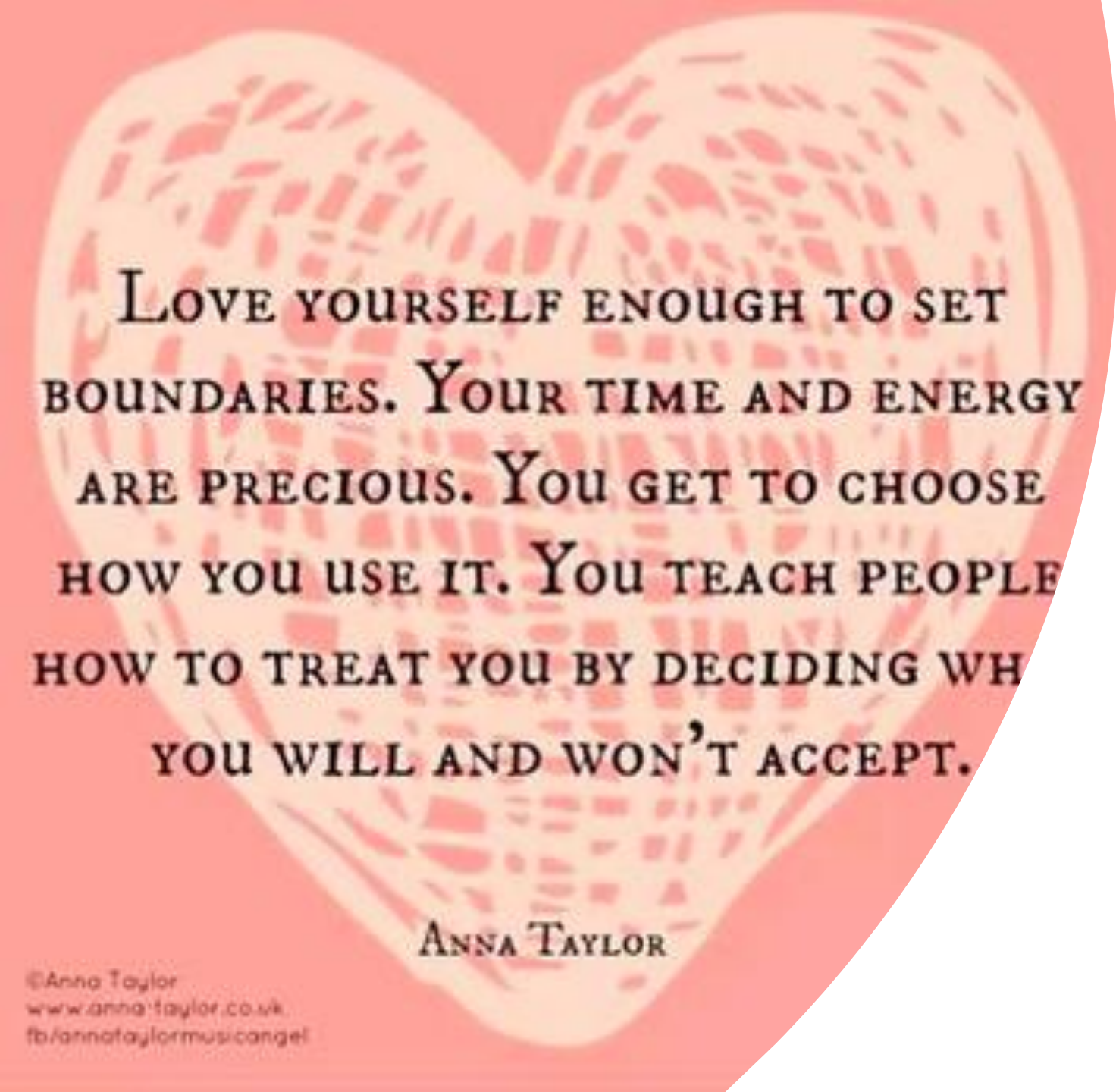
People get HURT!



Emotional Boundaries

An emotional boundary is a **limit we establish to protect ourselves from being hurt, manipulated, or used by others.**





**LOVE YOURSELF ENOUGH TO SET
BOUNDARIES. YOUR TIME AND ENERGY
ARE PRECIOUS. YOU GET TO CHOOSE
HOW YOU USE IT. YOU TEACH PEOPLE
HOW TO TREAT YOU BY DECIDING WHAT
YOU WILL AND WON'T ACCEPT.**

ANNA TAYLOR

It is healthy to set boundaries!
Some examples:

Respecting others, despite their
differences

Respecting oneself, even though
someone may not like you

Clearly communicating needs and
wants, even though you may be
rejected

Moving slowly into friendships to
establish trust

Social Media Boundaries



Responsibility

- Being on social media requires responsibility
- If it is not taken responsibly, it can result in dire consequences.



Safety

- You must practice safety online
- You never really know who you are communicating with.
- Do not share personal information with anyone on-line.
- Never meet with a stranger from the internet.




Impulsivity

- Acting impulsively online can land you in a regrettable situation.
- It's much easier to let your impulses take over online than in person.



*Image courtesy of Chris Kasurak
ckasurak.blogspot.com*



Before you speak, let your
words pass through three
gates:

Is it true?

Is it necessary?

Is it kind?

Use Social Media Positively

- Social Media can be a great asset if used positively.
- A positive online portfolio can benefit you.
- Bring positivity towards others in person and on social media.



How do you know when someone crosses your boundaries?

- Physical Pain
 - Emotional Pain
 - Uncomfortable
 - Avoidance (the person, school, activities)

A close-up, shallow depth-of-field photograph of a dark, knotted rope net. The net is the primary focus, with its intricate knotting and texture clearly visible. The background is a soft, out-of-focus gradient of green and blue, suggesting an outdoor setting like a sports field or a body of water. The overall mood is contemplative and somewhat somber.

CONSEQUENCES

WHAT HAPPENS IF I CROSS BOUNDARIES?

WHO CAN I GO TO?

- IN SCHOOL
- You can use any trusted adult or teacher.
- Deans, Guidance Counselors, Nurse, Assistant Principals, and Principal.

- OUT OF SCHOOL
- Parents, coaches, religious leaders, family friends
- Anyone you feel most comfortable with.

- PBIS is coming!

THANK YOU

For respecting
boundaries!

